



STEPS 'N SALUTES GREEN BERET 5K – LIVE EVENT FREQUENTLY ASKED QUESTIONS

Where and when is the Steps n' Salutes Green Beret 5K?

- The fifth annual Steps n' Salutes Green Beret 5K will be held on Sunday, September 11, 2022 on Little Miami Bike Trail with the start and finish lines next to Nisbet Park in Loveland OH.

Can I walk the 2022 Steps n' Salutes Green Beret 5K?

- Yes, the event is walker friendly. Walkers and runners of all ability levels are encouraged to participate.

Are baby joggers and strollers allowed in the Steps n' Salutes Green Beret 5K?

- Yes, baby joggers and strollers are allowed for the Steps n' Salutes Green Beret 5K. It is asked that joggers and strollers begin at the back of the race behind the runners.

When and Where is Packet Pick-Up?

- Packet pickup is available at the following times and places:
 - Saturday, September 10: 2:00 PM – 5 PM - Fleet Feet - Jack Rabbit Loveland –127 W. Loveland Avenue, Loveland, OH
 - Sunday, September 11: 8:00 AM - 9:15 AM - Nisbet Park, Loveland, OH

Can a friend or family member pick up my race packet for me?

- Yes – Someone may pick up your packet at either packet pickup location.

May I switch my registration to another person?

- Yes, that can be done at packet pickup.



What is the cancellation policy?

- The Race Director and Loveland Police have the authority to cancel or delay the event for any reason such as extreme weather, accidents, city emergency, etc. No refunds or deferrals are allowed.

I want to make sure I am signed up. How do I confirm this?

- Click [here](#) to have your confirmation resent or confirm entry.

How can I volunteer to help with the 2022 Steps 'n Salutes Green Beret 5K?

- Contact Char Cooper, Race Co-Chairperson, to volunteer at cooper.char@gmail.com or by calling Char at 317- 413-8282. Our volunteers make a difference so we hope you join us!

What is the time limit for the course?

- There is no time limit for the Steps 'n Salutes Green Beret 5K
- The race will start promptly at 9:30 AM.

Who receives a finisher's medal?

- Every individual who crosses the finish line will receive a finisher's medal.

Does the money from this event benefit a special cause?

- Yes, the Steps 'n Salutes Green Beret 5K is a charity event benefitting the Green Beret Foundation.
- The Green Beret Foundation is a national veteran charity and the only organization with the specific mission to fill any gaps in the Green Beret and their family's lives during and after deployment. The Green Beret Foundation invests 87 cents of every dollar into its five core programs that provide emergent, immediate, and ongoing support to cover the costs of tools, resources, and healthcare not provided by the Department of Defense or Veterans Affairs. Funds raised this year will benefit the Green Beret Foundation and its Major Darren Baldwin Silver Star Families Memorial Fund.



Can I donate to the Green Beret Foundation?

- Yes – Donations can be made in several ways.
 - Donate through the registration sites for the Steps 'n Salutes Green Beret 5K and the Great American Relay. These donations can be made with or without registering for the events.
 - Donate to the Green Beret Foundation made directly to The Green Beret Foundation, PO Box 498995, Cincinnati, OH. Please note “2022 Steps 'n Salutes Green Beret 5K – Loveland” on the memo line. Please make checks payable to “Green Beret Foundation”.



STEPS 'N SALUTES GREEN BERET 5K – VIRTUAL EVENT FREQUENTLY ASKED QUESTIONS

Where and when is the Steps n' Salutes Green Beret 5K?

- The fifth annual Steps n' Salutes Green Beret 5K can be run "VIRTUALLY" and at the day, time, and place selected by each participant beginning on September 11, 2022 through Sunday, October 16, 2022.

Can I walk the 2022 VIRTUAL Steps n' Salutes Green Beret 5K?

- Yes, the event is walker friendly. Walkers and runners of all ability levels are encouraged to participate.

Are baby joggers and strollers allowed in the 2022 VIRTUAL Steps n' Salutes Green Beret 5K?

- Yes, baby joggers and strollers are allowed for the Steps n' Salutes Green Beret 5K.

How and when can I get my 2022 VIRTUAL Steps n' Salutes Green Beret 5K commemorative shirt?

- Shirts may be picked up by registered participants beginning Saturday, September 10, 2022 during store hours at the following locations:

Fleet Feet - JackRabbit Loveland – 127 West Loveland Avenue,
Loveland, OH

INDIANAPOLIS LOCATION – TBD

- Shirts will be mailed beginning Saturday, October 22, 2022 to those participants who have selected the MAIL SHIRT option at the time of their registration. There is an additional \$6.00 shipping charge to have the shirts mailed to participant.

May I switch my registration to another person?

- Yes. Please contact Race Co-Chairperson Char Cooper at 317-413-8282 or email cooper.char@gmail.com to switch registration.



What is the cancellation policy?

- There is no cancellation policy. No refunds or deferrals are allowed.

I want to make sure I am signed up. How do I confirm this?

- Please contact Race Co-Chairperson Char Cooper at 317-413-8282 or email cooper.char@gmail.com to confirm your registration.

How can I volunteer to help with the 2022 VIRTUAL Steps 'n Salutes Green Beret 5K?

- Contact Char Cooper, Race Co-Chairperson, to volunteer at cooper.char@gmail.com or by calling Char at 317- 413-8282. Our volunteers make a difference so we hope you join us.

Will I receive a finisher's medal?

- Each registered participant has the OPTION to purchase a finisher medal during the registration process. The medal will be sent along with the shirt following the virtual event closing date of October 16, 2022.

Does the money from this event benefit a special cause?

- Yes, the Steps 'n Salutes Green Beret 5K is a charity event benefitting the Green Beret Foundation. Funds raised this year will benefit the Green Beret Foundation and its Major Darren Baldwin Silver Star Families Memorial Fund.
- The Green Beret Foundation is a national veteran charity and the only organization with the specific mission to fill any gaps in the Green Beret and their family's lives during and after deployment. The Green Beret Foundation invests 87 cents of every dollar into its five core programs that provide emergent, immediate, and ongoing support to cover the costs of tools, resources, and healthcare not provided by the Department of Defense or Veterans Affairs.

Can I make a donation to the Green Beret Foundation?

- Yes – Donations can be made in several ways.
 - Donate through the registration sites for the Steps 'n Salutes Green Beret 5K and the Great American Relay. These donations can be made with or without registering for the events.



- Donate to the Green Beret Foundation made directly to The Green Beret Foundation, PO Box 498995, Cincinnati, OH. Please note “2020 Steps ‘n Salutes Green Beret 5K – Loveland” on the memo line. Please make checks payable to “Green Beret Foundation”.

THE GREAT AMERICAN RELAY

FREQUENTLY ASKED QUESTIONS

Frequently Asked Questions about the Great American Relay can be found at the websites www.greatamericanrelay.com

Learn more about the Green Beret Foundation by visiting the website www.greenberetfoundation.org or follow us on Facebook at Cincinnati Supporters of Green Beret Foundation.